

	Physical Restraint			
	Chapter:	Recipient Rights	Policy #	5-2-8
	Section:	Recipient Rights in CMH Programs	Revision #	1

- I. **PURPOSE:** To establish policy and procedures for restricting the use of restraint in the provision of services to CMH service recipients.
- II. **APPLICATION:** All CMH programs operated by or under contract with the West Michigan Community Mental Health Governing Body.
- III. **REQUIRED BY:** Michigan Mental Health Code 330.1700; 330.1740; 330.1752. Department of Community Health Administrative Rule 330.7243. Act No. 116 of the Public Acts of 1973, being MCL 722.111 to 722.128. Code of Federal Regulations 42 CFR 482.13.
- IV. **DEFINITIONS:**

Restraint: The use of a physical device to restrict an individual's movement. Restraint does not include the use of a device primarily intended to provide anatomical support.
- V. **POLICY:** West Michigan Community Mental Health strictly prohibits an employee, volunteer or agent of a contract provider to place a recipient in physical restraint except in the circumstances and under the expressed conditions permitted by applicable state/federal statutes and agency policy. The WMCMH Rights Office shall review restraint policies of contracted providers of inpatient services and child caring institutions to assure compliance with applicable state and federal rules and regulations.
- VI. **PROCEDURES:** Not applicable.
- VII. **SUPPORTING DOCUMENTS:** Not applicable.
- VIII. **POLICY/PROCEDURE REVIEW:**

REV#	APPROVED BY	Policy/Procedure	DATE
1	Unknown		09/2006
1	Unknown		06/2016
1	COC	Annual Review	11/2019
1	COC	Annual Review	11/2020
1	COC	Annual Review	01/2022
1	COC	Annual Review	01/2023
1	COC	Annual Review	01/2024
Board Approval Date: 02/20/1996			

IX. **CHIEF EXECUTIVE OFFICER ENDORSEMENT:**

I have reviewed and approved of policy # 5-2-8 Revision # 1.

CEO: Lisa A. Williams Approval Signature: _____