

WEST MICHIGAN COMMUNITY MENTAL HEALTH

BOARD OF DIRECTORS MEETING MINUTES

June 21, 2022

1. Call to Order: The West Michigan Community Mental Health Board of Directors met for its regular meeting in person in the classroom of the Oceana County Services Building, located in Hart, at 5:33 p.m. on Tuesday, June 21, 2022. Chairperson James Prince presided.
2. Roll Call: The following members were present: Mary Alway, Linda Baierl, Ron Bacon, Pat Bettin, Todd Dancz, Jim Prince, Kay Seng, Lucinda Shafer, and Larry VanSickle. Absent: Dr. Jennifer Branning (excused), Dawn Martin (excused), and Andy Sebolt. A quorum was present. CMH staff members present were: Lisa Williams, Michele Condit, Bethany Sherfinski, Ellen Plummer, Josh Snyder, and Kimberly Goodrich.
3. Introductions: There were none.
4. Delegations, Communications and Expressions from the Community: There were none.
5. Approval of Agenda: Mr. Bacon made the motion, seconded by Mrs. Alway, that the West Michigan Community Mental Health Board of Directors approve the agenda as presented. The motion carried via roll.
6. Conflict of Interest Question: Mr. Prince asked if any board member wished to declare a conflict of interest regarding any matter to be considered by the West Michigan Community Mental Health governing body. No such declarations were made.
7. Consent Agenda: Mr. VanSickle made the motion, seconded by Mr. Bacon, to approve the item on the consent agenda:
 - 7.1 Minutes from the 5/17/22 WCMCMH Board of Directors Meeting. The motion carried.
8. Executive Committee Meeting Report: Mr. Prince reported that the Executive Committee's report is available for review. There were no action items or questions from the board.
9. Finance Committee Recommendation: Mr. VanSickle reported that the Committee did not meet but were forwarded a list with three contracts to review and bring to the full board for its approval. Ms. Sherfinski stated that the first two contracts are for residential services. Our contracts are now two years, which will go to the end of FY 2023, so that's why the dollar amounts are higher. The third contract is for Livongo, which is for the myStrength app that we use for our consumers and the community. It has great resources for SUD and behavioral health. Mr. VanSickle made the motion, seconded by Mrs. Shafer, to approve the list of contracts greater than \$20,000 as presented. The motion carried.

10. Healthcare Integration and Clinical Services Report: Ms. Plummer highlighted on her report that at the end of July, Northwest Michigan Health Services will be closing its clinic that is co-located with us in Ludington for a variety of reasons. We are working with them to transition any of our consumers who use them for primary care to another one of their offices either in Shelby or Manistee.

Mr. Snyder highlighted a phone app that we will be using via a pilot project sponsored by MDHHS. This is something that is meant to be a companion for treatment for people who are meth or opiate users. They found that a reward system called contingency management (an awards for completing things) works with this population. This app features that for things such as completing a module. We will have 40 licenses to try it out as part of the statewide pilot. It doesn't replace face to face treatment, just a companion to that. It does require a prescription from a psychiatrist or nurse practitioner to use.

11. Chief Financial Officer's Report: Ms. Sherfinski reviewed the financial services report through the period ending April 30, 2022. No significant changes from last month. Revenue and expense are starting to catch up with each other so there is less in the excess year to date.
12. Chief Operations Officer's Report: Ms. Condit highlighted some of the work the Employee Engagement Committee (EEC) has been doing. "Cheers for peers" is a program implemented recently that is a way for staff to recognize their peer for something they've done or something they are thankful for them for. The nomination gets posted and folks who are recognized in the month have their names put in a drawing for a \$10 gift card. It's a way to recognize the hard work they are doing. The EEC is also planning a summer staff picnic. We haven't been able to have that for the last two years and it's something staff are really looking forward to.

Ms. Condit briefly discussed the LRE site visit and what that entails. Anything that falls below the 100% standard requires a plan of correction.

13. Lakeshore Regional Entity Update: Dr. Williams reported that WM, Ottawa CMH, Allegan CMH (now called On Point) all approved the LRE Board Bylaws and Operating Agreement, but Network 180 did not. HealthWest has a meeting later this month for its vote. Network 180 cited some barriers, including the makeup of the board as a Senatorial model vs. a representative model. Right now, it's population based (representative) and the new bylaws propose that each member gets three members (Senatorial model). Dr. Williams stated that there have been many conversations on this and believes that it will be resolved in July. We have to figure out how to balance representation and size with the ability of the small members to have a say in the critical decisions that impact our wellbeing and future. Dr. Williams also reported that the State told the LRE that it wouldn't accept its financial plan with a negative ISF.
14. CMHAM Update: Mrs. Seng, Ms. Shafer, Dr. Williams, and Ms. Plummer attended the recent CMHAM conference in Traverse City. They provided a brief update on their experience at the conference.

Dr. Williams shared that CMHAM provided an overview of what they do and a CEO Report for board members review and that was included in board member packets.

Dr. Williams reported that CMHAM put out the FY 2022/2023 dues structure and asked if the board would like to approve that cost. It was slightly increased to help cover the costs associated with what they do. The dues amount for next year is \$11,180. Mr. VanSickle made the motion, seconded by Mr. VanSickle, to approve payment of the FY23 dues to CMHAM. The motion carried.

Dr. Williams stated that there is a CMHAM political action campaign (PAC) that is funded by donations from board members. If you are interested in contributing to the PAC, please let Dr. Williams know. The PAC funds the legislative activities that cannot be funded by association dues or CMH/PIHP dollars.

15. CEO's Report: Dr. Williams reported that not much has changed with COVID protocols since we last met. We continue monitoring CDC guidelines and are awaiting to see what happens at the end of the public health emergency and what may or may not change with that.

Dr. Williams reported that last week the Senate passed bill 517, which is a companion bill to 597 and 598, a supplemental budget bill that gave money to a variety of different special projects but also allocated money around the two senate bills if they pass. We were told that 597 and 598 could come on the floor this week but so far they haven't been on the agenda. If we don't see it in the next couple weeks, then they will be pushed to the fall. There are only a couple weeks in the fall before the election so they likely could be seen in lame duck.

Dr. Williams reported that our RR Officer resigned for some health reasons, and we are in the process of searching for a replacement. We interviewed last week and are getting the RRAC together to review a hire recommendation.

16. Upcoming Committee Meetings:

- Executive Committee – Tuesday, July 12th at noon in Ludington
- LRE Board Meeting – Thursday, July 21st at 1:00 in Muskegon

17. WCMCH Board Member Comments, Questions, Clarifications and Critique of Meeting: There was none.

18. Delegations, Communications and Expressions from the Community: There were none.

19. Executive Session: There was none.

20. Adjournment: With no additional business, Mr. Bacon made the motion, seconded by Mrs. Seng, to adjourn the West Michigan Community Mental Health Board of Directors meeting. The meeting adjourned at 6:31 p.m.

Kimberly Goodrich
Recording Secretary

James R. Prince
Chairperson