

**WEST MICHIGAN COMMUNITY MENTAL HEALTH
BOARD OF DIRECTORS MEETING MINUTES**

February 15, 2022

1. Call to Order: The West Michigan Community Mental Health Board of Directors met for its regular meeting in person in the conference room of the Lakeshore Resource Network, located in Ludington, at 5:33 p.m. on Tuesday, February 15, 2022. Chairperson Jim Prince presided.
2. Roll Call: The following members were present: Mary Alway, Pat Bettin, Ron Bacon, Linda Baierl, Todd Dancz (via Zoom), Jim Prince, Dawn Martin, Kay Seng, Lucinda Shafer, and Larry VanSickle. Absent: Dr. Jennifer Branning (excused) and Andy Sebolt. A quorum was present. CMH staff members present were: Lisa Williams, Michele Condit, Bethany Sherfinski, Ellen Plummer, Josh Snyder, Marianne Kotecki, Nicole Whitman, and Kimberly Goodrich.
3. Introductions: Dr. Williams introduced Nicole Whitman, our WMCMH's Director for Health Home Integration. Ms. Whitman shared that she is an RN and has been with the agency a couple times in a nursing capacity and now as a director. Ms. Plummer stated that she is also our Infectious Disease expert. She's done a great job with that and has also done a lot of work with emergency preparedness. Dr. Williams introduced Marianne Kotecki, Director of Children and Family Services. Ms. Kotecki shared that she is a therapist and was one of our Adult Coordinators for a bit and then moved to the director roll. She will be doing a clinical presentation later in the meeting.

Dr. Williams stated that lone Myers is also present via Zoom. She is the LRE CIO.
4. Delegations, Communications and Expressions from the Community: There was none.
5. Approval of Agenda: Mr. Bacon made the motion, seconded by Mrs. Seng, that the West Michigan Community Mental Health Board of Directors approve the agenda as presented. The motion carried.
6. Conflict of Interest Question: Mr. Prince asked if any board member wished to declare a conflict of interest regarding any matter to be considered by the West Michigan Community Mental Health governing body. No such declarations were made.
7. Consent Agenda: Mr. VanSickle made the motion, seconded by Mrs. Bettin, to approve the item on the consent agenda:

7.1 Minutes from the 1/18/22 WMCMH Board of Directors Meeting. The motion carried.
8. Executive Committee Meeting Report: Mr. Prince reported that the Executive Committee's report is available for review. There were no action items nor questions from the board.
9. CCBHC Advisory Committee Report: Mrs. Seng reported that the Committee met and received an update on grant 2, which will expire at the end of April 2022. The organization has done a good job with the goals and should come close to having the majority met by the close of the grant. The Committee was also provided with an update on the Demonstration, which is a bit different than the Expansion Grant. Additional

evidence-based practices (EBPs) and quality metrics will be implemented as part of the demonstration. Dr. Williams stated that in a couple months we will provide a side-by-side comparison between the expansion grant and demonstration. We are waiting to see if the expansion grant will be offered again and if WMCMH will apply.

10. Health Integration and Clinical Services Report: Ms. Plummer highlighted that in support of ongoing work for CCBHC and driving integrated care practices, we have an offer out to a nurse practitioner. This would be an in-person position and this person is also very comfortable with providing SUD treatment.

Mr. Snyder reported that because of the demonstration we are able to treat the mild/moderate (M/M) population a different way. Previously a M/M consumer could only receive therapy. When we became a CCBHC we could provide therapy and medication services. Now that we are a demonstration site, we can also provide peer services and supports coordination. It's an evolution of how we can treat those people more flexibly. There's a high demand for M/M services and there are workforce issues with therapists that put a lot of pressure on that part of the system. We are doing a pilot on providing these types of services with 30 consumers first to test it out over the next month or so and hopefully expand it to the rest of the agency.

Ms. Kotecki, Children and Family Services Director provided an overview of PMTO – Parent Management Training of Oregon. PMTO is an evidenced-based practice to support parents to have a better relationship with their children.

Mr. Snyder reviewed two new proposed policies. He stated that the Clinical Oversight Committee came across a couple areas that need clarification and something in writing to support them. The first policy is regarding alternatives to guardianship to preserve the rights of a person. The second policy is regarding special evaluation requests. We get called for all kinds of things and this helps sort through some of the commonly requested evaluations. Mr. VanSickle made the motion, seconded by Mr. Bacon, to approve the two new policies as presented. The motion carried.

11. Chief Financial Officer's Report: Ms. Sherfinski reviewed the financial services report through the period ending December 31, 2021, three months of fiscal year. The report shows a negative year to date, but she received the Information at the end of last week that we received an additional \$900,000 in CCBHC revenue. We were expecting it, but she was being conversative about putting it in the budget until we saw the actual dollars. If we re-ran the statement right now it would not have a negative year to date. No other big changes to call out.

Ms. Sherfinski reviewed a proposed change to our consumer advisory panel reimbursement policy. We are adjusting it to match the same amounts that we pay for the board per diem and to align those two policies. Mr. VanSickle made the motion, seconded by Mrs. Seng, to approve the proposed policy changes as presented. The motion carried.

Ms. Sherfinski reviewed the Cash and Investment Report for the quarter ending 12/31/21. Interest earnings are pretty nonexistent still.

Ms. Sherfinski reported that Kevin Wilske left employment with WM, and we have a new Corporate Compliance Director, Devon Hernandez, as of January 10th. She will be at the board meeting next month to share the Compliance Report.

12. Chief Operations Officer's Report: Ms. Condit highlighted our January consumer net promoter score, which is 55 for the month, and explained how the scores are calculated. NPS is used broadly in healthcare to monitor satisfaction. The goal we set for ourselves as an organization is 30 and in the healthcare industry a score of 27 would be considered a good score. We are definitely exceeding that, with a score of 55.
13. Community Mental Health Association of Michigan (CMHAM): Dr. Williams reported that the Association arranged a meeting last week for all CCHBCs in Michigan, PIHPs and Sen Stabenow's office to have a discussion with the Department on how CCBHC is going in Michigan. There were a number of presentations at the Winter Conference on CCBHC, Ms. Condit being one on the development of quality structures in CCBHC. CMHAM continues to work on the legislation related to mental health, keeping their eye on what is going on in the Governor's office. Sen. Shirkey feels that there is a two-month window on getting the legislation through. He spoke to a group of county commissioners a week or so ago and basically said that it was going through. Waiting to see what happens with that. Lots of talk at the conference about school violence, some collaborative work with some school groups and trying to get some good prevention and educational materials out to the schools and communities.
14. Lakeshore Regional Entity Update: Dr. Williams reported the Department and the LRE have reached resolution on the negotiations around the sanctions on the Regional Entity and they are no longer under sanctions and are back on a year-long contract instead of month to month for the first time in three years. There is some heightened monitoring from the state for a period of two years, but most of the monitoring will take place through reports that the region is already producing. There are ongoing discussions with the LRE board on the Board Bylaws and the Operating Agreement. Those will be presented to the WMCMH Board after final adjustments and changes are made.
15. Director's Report: Dr. Williams shared Ms. Condit's report on covid positive numbers across our three counties. January numbers were very high, but February's numbers are much, much better. There is rumor that certain types of mandates at the state level could be pulled back, and we are keeping our eye out for those. We will continue to be subject to the healthcare rules, however, not the general rules that apply to private businesses or general community.
16. Upcoming Committee Meetings:
 - LRE Board Meeting – Thursday, February 17th at 1:00 in Muskegon
 - Executive Committee – Tuesday, March 8th at noon in Ludington
17. WMCMH Board Member Comments, Questions, Clarifications and Critique of Meeting: There were none.
18. Delegations, Communications and Expressions from the Community: There were none.
19. Executive Session: There was none.
20. Adjournment: With no additional business, Mr. Bacon made the motion, seconded by Mrs. Shafer, to adjourn the West Michigan Community Mental Health Board of Directors adjourned its meeting at 6:27 p.m.

Kimberly Goodrich
Recording Secretary

James R. Prince
Chairperson