

# COVID-19 Vaccine: Debunking The Myths



**The vaccines were made too quickly.**

Widespread trials with more than 113,000 people between the three vaccines showed they are safe and effective.



**The vaccines aren't safe.**

No shortcuts were taken when developing the vaccines. Career scientists and doctors, along with a separate committee, reviewed the safety and effectiveness from each manufacturer.



**I can get COVID-19 from the vaccines.**

It is not possible to get COVID-19 from vaccines. The Pfizer, Moderna, and Johnson & Johnson vaccines do not use the actual COVID-19 virus to trigger a person's immune system to make protective antibodies against COVID-19.



**The vaccines will change my DNA.**

No. COVID-19 mRNA vaccines **do not** change or interact with your DNA in any way.



**The vaccine side effects are severe.**

Side effects are usually similar to, but for some a little stronger than, the side effects some people have after getting the flu vaccine.



**I have food allergies, which means I'll have an allergic reaction to the vaccine.**

Allergic reactions to food like eggs and peanuts are not linked to the COVID-19 vaccines. If you have a history of severe allergic reactions not related to vaccines or injectable medications—such as food, pet, venom, environmental, or latex allergies—you should get vaccinated.



**The vaccines will make me infertile.**

COVID-19 vaccines are not likely to present a risk if you are trying to become pregnant now or in the future.

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html>



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