I. **PURPOSE:** To establish policy and procedures for restricting the use of restraint in the provision of services to CMH service recipients.

II. **APPLICATION:** All CMH programs operated by or under contract with the West Michigan Community Mental Health Governing Body.


IV. **DEFINITIONS:**

Restraint: The use of a physical device to restrict an individual’s movement. Restraint does not include the use of a device primarily intended to provide anatomical support.

V. **POLICY:** West Michigan Community Mental Health strictly prohibits an employee, volunteer or agent of a contract provider to place a recipient in physical restraint except in the circumstances and under the expressed conditions permitted by applicable state/federal statutes and agency policy. The WMCMH Rights Office shall review restraint policies of contracted providers of inpatient services and child caring institutions to assure compliance with applicable state and federal rules and regulations.

VI. **PROCEDURES:** Not applicable.

VII. **SUPPORTING DOCUMENTS:** Not applicable.