

WEST MICHIGAN COMMUNITY MENTAL HEALTH

BOARD OF DIRECTORS MEETING MINUTES

August 20, 2019

1. Call to Order: The West Michigan Community Mental Health Board of Directors met for its regular meeting in the Boardroom at the HE Madden Center, located in Ludington, at 5:30 p.m. on Tuesday, August 20, 2019. Vice-Chairperson Larry VanSickle presided.
2. Roll Call: The following members were present: Mary Alway, Pat Bettin, Ron Bacon, Dr. Jennifer Branning, Todd Dancz, Andy Sebolt, Kay Seng, and Larry VanSickle. Absent: Jim Prince (excused), Dawn Martin (excused) and Barb Stenger (excused). A quorum was present. CMH staff members present were: Michele Condit, Faith Nekola, Bethany Sherfinski, and Kimberly Goodrich.
3. Introductions: Dr. Williams introduced Chad Shirley, who is the CFO for Beacon in Michigan and will be presenting to the board about a potential financing model that Beacon, the LRE and CMHs are considering.
4. Delegations, Communications and Expressions from the Community: There were none.
5. Approval of Agenda: Mr. Sebolt made the motion, seconded by Mr. Bacon, that the West Michigan Community Mental Health Board of Directors approve the agenda as presented. The motion carried.
6. Conflict of Interest Question: Mr. VanSickle asked if any board member wished to declare a conflict of interest regarding any matter to be considered by the West Michigan Community Mental Health governing body. No such declarations were made.
7. Consent Agenda: Mr. Bacon made the motion, seconded by Mrs. Bettin, to approve the item on the consent agenda:
 - 7.1 Minutes from the 7/16/19 WMCMH Board of Directors Meeting. The motion carried.
8. Executive Committee Meeting Report: Mr. Vansickle stated that the Executive Committee minutes are attached for review and items will be covered under agenda items below. The one action item will be covered under the LRE agenda item.
9. Finance Committee Meeting Report: Mr. VanSickle reported that the Finance Committee met and reviewed a long list of contracts over \$20,000. Ms. Sherfinski stated that the list covered the majority of contracts for service provision. None have rate increases in them as the region has made a decision to hold to the current rates. Mr. Bacon made the motion, seconded by Mrs. Seng to approve the contracts over \$20,000 as presented. The motion carried.

The Finance Committee also reviewed the FY 2019 budget amendment. Ms. Sherfinski noted the major changes are an addition to Medicaid (MCD) revenue that is still expected this year, and a decrease to grants mostly for the CCBCH grant money that we can't spend this year, but it can be carried over to next year. Salary and fringe adjustments are mostly related to the grant as well. Overall, we are still short \$87,000,

which will either come from additional funds from the LRE if its MCD or from our fund balance. Mr. Bacon made the motion, seconded by Mrs. Bettin, to approve the FY 19 Budget Amendment as presented.

10. CCBHC Advisory Committee Report: Mrs. Alway reported that this is a newly formed committee, an advisory council to oversee the CCBHC grant. The committee will provide oversight and guidance to the core group that is working on the grant. The grant is for \$4 million and funded through 2020. New services were expanded as part of the grant. The grant requires goals and objectives, and those were reviewed during the meeting. There are positive things coming from the grant. This committee will meet quarterly. Dr. Williams added that we are planning to apply for the grant again, but it hasn't been released yet. It will probably be next spring.
11. Behavioral Health Services Report: Mrs. Nekola stated that based on recent events it seemed appropriate to talk a bit about how people respond and react to mass shootings. It's normal for people to experience emotional distress. Feelings such as overwhelming anxiety, trouble sleeping, and other depression-like symptoms are common responses. As time passes, feeling should subside and if they haven't, that's when a person should seek some help. Finding ways to manage stress is the best way to prevent negative emotions from becoming behavioral health issues.
12. Administrative/Operations Report: Ms. Sherfinski reviewed the financial services report through the period ending June 30, 2019, nine months of the fiscal year. There is nothing unusual to report and there were no questions from board member. Ms. Sherfinski also reviewed the Cash and Investments Report for the period ending 6/30/19 as well. We are getting closer to the US Treasury rate, which is our benchmark.

Ms. Sherfinski reviewed two proposed policy revisions. One is some minor changes to a banking policy and the other are some suggested changes from the last time legal reviewed the drug and alcohol policy. Mr. Bacon made the motion, seconded by Mr. Sebolt, to approve the policy changes as presented. The motion carried.

13. Service Enhancement Report: Ms. Condit reported that we have hired a Community Engagement, Communications, Public Relations Manager. We have a lot of internal and external communication needs and it's a very specific skill set that we didn't have. Alan Neushwander will be joining us on September 9th and brings about 20 years of experience. He will help us develop a formal community education/engagement plan and get us rolling.

Ms. Condit also reviewed a proposed policy revision regarding our electronic health record. We are changing the language to reflect the change to electronic health record. Mr. Bacon made the motion, seconded by Mrs. Bettin, to approve the proposed policy as presented. The motion carried.

14. Lakeshore Regional Entity Update: Dr. Williams reported that several years back, the LRE had a conversation about moving away from PE/PM payment to a more needs-based funding model. When Beacon came on board at the LRE, they agreed to work with all of us to reinitiate the efforts to move to a more equitable funding model, specially that assigned resources based on level of need, understanding it could fluctuate. We wanted to bring the context to the board for a broad understanding of what the model might look like. We don't have the data as to what it would mean to WM or any other CMH; we would make the decision on the model based on the model itself and not the results. The most dollars get to the people that needs it most. Chad Shirley is here from

Beacon, and Amit, Beacon Chief Actuary, was on the conference phone. Chad pointed out that this model is very similar to the model that the state is using to distribute funds. Amit walked the board through the presentation on how the funding model was developed. He also stated that we are vetting the model and answering questions so everyone is comfortable with the it.

Dr. Williams reviewed the LRE/WMCMH FY 19 Contract amendment #2, which is a contract obligation passed down from the state. Mr. Bacon made the motion, seconded by Mr. Sebolt, to authorize Dr. Williams to sign the LRE/WMCMH FY 19 contract amendment. The motion carried.

Dr. Williams shared a presentation that she created for the Oceana County Commission meeting that she was asked to attend regarding the LRE and the State. She has also shared it with the Lake and Mason County Administrators.

Dr. Williams reported that the State has requested a meeting with the LRE, which is tomorrow morning, with the LRE's attorney and CEO to talk to about a contract extension because they realized that even if they move forward with their proposed action, they really don't have enough time to make that happen by October 1st. The State has begun having weekly meetings with Beacon to talk about a transition plan. Beacon has told the State that there are better ways to handle it, but the state is pushing forward and has basically said that if it isn't Beacon, then it will be someone else. There is a pre-hearing meeting scheduled for 9/3 for the attorneys regarding what will really go before the ALJ and if that is the appropriate place for it to be heard. The Attorney for the region has written a TRO to cease and desist to the state to stop meetings and moving forward until that hearing has taken place. It hasn't been filed because the State has requested the meeting.

Also referenced in the document was a series of FAQs that the State sent to legislators and providers to talk about their version of the story that happened at the LRE. In order to get the story straight, the LRE wrote a response to the FAQ and that was included in the packet for board members information.

Dr. Williams reviewed the MDHHS press release talking about forming the state-appointed LRE board and requesting applications to be on the board. We haven't gotten any formal requests to submit applicants. The LRE is choosing to not respond to this because the State didn't formally communicate it to anyone.

Dr. Williams stated that as a region we have been talking about other strategies. Other CMHs have sent letters to the departments and legislators, passed resolutions, etc. An ask has been made of CMHs in the region to consider a resolution opposing the termination of the LRE contract, that we would then send to the State. Mr. Bacon made the motion, seconded by Mrs. Seng, to adopt the resolution opposing the State terminating its contract with the LRE. The motion carried.

15. 298 Pilot Update: Dr. Williams reported some progress over the past month on an UM model for the pilot. A series of models for how the network will be managed which will go to Leadership to whittle down and then back to the network group. There's a strong push on the MHP to make the pilot an auto-transition into a statewide carve in. We are continuing to resist those efforts. Claims Management and Members Services workgroups also started meeting last week. The Finance workgroup is working on a finance model.

16. Director's Report: Dr. Williams provided an update on the organizational priorities. We are meeting the attestation requirements for Meaningful Use. The Clinical Assessment revisions are complete. CCBCH is going well; once we finalize the data, we'll bring it here so you can see the impact of our efforts. New goals this month:
- a) Primary Care/FQHC Expansion – a new workgroup has been formed working with Northwest Michigan Health Services to expand primary care to out consumers. Lots of details to work out.
 - b) Residential Review Committee – working on recommendations to reduce residential costs
 - c) Inpatient Utilization – working on recommendations to reduce inpatient costs.
 - d) Conflict Free Case Management/Utilization Management – to align our internal practices with federal regulations around conflict free case management. Getting some help with TBD on that work.

Dr. Williams reported that the fall conference is October 21 and 22 in traverse City. If you have an interest in attending, please let Kimberly know.

Chad Shirley noted that Beacon met with Pine Rest and Forest View to start negotiations for inpatient rates. Forest View was very positive and wants to partner with us and come up with alternative payment models. Also, N180 has developed a residential model and that will be discussed at the next Finance ROAT meeting.

Dr. Williams stated that there will be a Finance Committee meeting early September and we'll bring the 2020 budget to next month's board meeting. We are working with less information than in previous years and are nearly guessing on revenue this year because we don't know what the rates are or what the distribution model will be. This will definitely be a preliminary budget and you can expect amendments during the year.

17. Upcoming Committee Meetings:

- LRE Board Meeting – Thursday, September 19th at 1:00 at Network180
- Executive Committee – September meeting to be rescheduled

18. WCMCH Board Member Comments, Questions, Clarifications and Critique of Meeting: There were none.

19. Delegations, Communications and Expressions from the Community: There were none.

20. Executive Session: There was none.

21. Adjournment: Mr. Sebolt made the motion, seconded by Mr. Bacon, that the West Michigan Community Mental Health Board of Directors adjourn its meeting. The meeting adjourned at 7:32 p.m.

Kimberly Goodrich
Recording Secretary

Larry VanSickle
Vice-Chairperson