

WEST MICHIGAN COMMUNITY MENTAL HEALTH

BOARD OF DIRECTORS MEETING MINUTES

June 18, 2019

1. Call to Order: The West Michigan Community Mental Health Board of Directors met for its regular meeting in the Boardroom at the Hart Counseling and Evaluation Center, located in Hart, at 5:30 p.m. on Tuesday, June 18, 2019. Chairperson Jim Prince presided.
2. Roll Call: The following members were present: Mary Alway, Pat Bettin, Ron Bacon, Zachary Leslie, Dawn Martin, Jim Prince, Kay Seng, and Larry VanSickle. Absent: Dr. Jennifer Branning, Todd Dancz, Andy Sebolt, and Barb Stenger (all excused). A quorum was present. CMH staff members present were: Lisa Williams, Michele Condit, Faith Nekola, Jane Shelton, Carla Shay, and Kimberly Goodrich.
3. Introductions: Susie Rodriguez, district representative from Sen. Bumstead's office, introduced herself.
4. Delegations, Communications and Expressions from the Community: Ms. Rodriguez stated that she would normally provide an update on Sen. Bumstead's office hours, but they are updating them at this time. When they have office hours, they are held at the library in Hart.
5. Approval of Agenda: Mrs. Bettin made the motion, seconded by Mr. Bacon, that the West Michigan Community Mental Health Board of Directors approve the agenda as presented. The motion carried.
6. Conflict of Interest Question: Mr. Prince asked if any board member wished to declare a conflict of interest regarding any matter to be considered by the West Michigan Community Mental Health governing body. No such declarations were made.
7. Consent Agenda: Mr. VanSickle made the motion, seconded by Mrs. Seng, to approve the item on the consent agenda:
 - 7.1 Minutes from the 5/21/19 WMCMH Board of Directors Meeting. The motion carried.
8. Introduction of Carla Shay, Community Employment Services Team Leader: Dr. Williams introduced Carla Shay. Ms. Shay is the newest member of WM's leadership team as the Team Leader for Community Employment Services. She replaces Mike Nekola, who recently retired after many years in that role. Ms. Shay reported that she worked for Oakland County CMH about 15 years ago and is excited to be back in this type of role.
9. Executive Committee Meeting Report: Mr. Prince stated that the Executive Committee minutes are attached for review and items will be covered under other agenda items. There were no action items.

10. Finance Committee Recommendation: Mr. VanSickle reported that the Finance Committee was asked to forward a couple contracts over \$20,000 for review. It was noted that the MCD Eligibility is a full time position, with the costs shared with DHS, and the position travels to all three counties. We've had this position for quite a few years now. Mr. VanSickle made the motion, seconded by Mr. Bacon, to approve the contracts over \$20,000 as presented. The motion carried.
11. Behavioral Health Services Report: Mrs. Nekola provided information on mindfulness and what it is and what it isn't and how we use it at WMCMH. It's the first skill that we teach in DBT (Dialectical Behavioral Therapy) and is an evidenced based practice for people who are diagnosed with a Borderline Personality Disorder. It helps ground people who are experiencing significant anxiety. Mindfulness is connected to your breathing and relaxing. Ms. Nekola practiced a mindfulness exercise with the board members as an example of what this involves.
12. Administrative/Operations Report: In Ms. Sherfinski's absence, Ms. Shelton, Finance Coordinator, reviewed the financial services report through the period ending April 30, 2019, seven months of the fiscal year. She reported that we are up a bit in community inpatient and residential placements. We have a workgroup around residential placements and we try to get people home as soon as we can. As part of CCBHC we launched Crisis Stabilization Services and we hope to see a decrease in inpatient usage due to that. We are doing our best to keep the expenses rolling in the right direction.
13. Service Enhancement Report: Ms. Condit reported that we continue to have a busy summer of site visits and the team is working with the rest of the organization preparing for those site visits. HSAG does a compliance review and a performance measure validation and the Department is coming onsite in August to conduct an Autism site visit. Ms. Condit shared some satisfaction results with the Board, this on satisfaction after discharged from care. The results are reviewed at the PIOC Committee and we set an 80% threshold of consumers reporting they are satisfied or extremely satisfied. If we fall below that threshold, we dig into why that is occurring. This last survey showed that consumers were generally satisfied with services and she shared some feedback received.

Ms. Condit also reviewed the Michigan Mission Based Performance Indicator System (MMBPIS) Report for the period ending December 30, 2018. We met all state standards on all indicators for this quarter.

Ms. Condit reviewed a proposed policy revision regarding meeting room use in our buildings. We moved some language out of the policy statement and put it in the procedures. Mr. Bacon made the motion, seconded by Mrs. Seng, to approve the proposed policy as presented. The motion carried.

14. Lakeshore Regional Entity Update: Dr. Williams provided an update on the region. At our last WM Board meeting, the response letter had just been submitted by the LRE to the State regarding the State's letter to terminate its contract with the LRE if certain conditions were not met. At this point, there has been no formal response from the State. There are some verbal communications taking place, but nothing in writing. Dr. Williams is attending meetings at the Board Association tomorrow and hopes to speak with Alan or Bob to find out if they have any information. Dr. Williams reported that Beacon is being bought by Anthem, a large health plan that doesn't have a presence in

Michigan at this point at all. The purchase should not affect the relationship that Beacon has with the LRE.

15. 298 Pilot Update: Dr. Williams reported that a letter was sent jointly by the MHPs, CMHs and the Department to the legislators to describe the current status of the pilot, the places where we were having success and places where decisions still need to be made. It recommended that components of the pilot begin now as planned, but that the financial integration of the pilot be delayed until 10/1/20. We have not gotten a formal response back, but MDHHS is submitting its waiver applications to the Federal government without the financial integration included in the language. This does not mean that 298 is dead, even though some members of the Department are communicating that. The financial integration portion of the pilot is delayed. The MHPs and 298 CMHSPs are planning to begin with some of the care coordination model by 10/1/19, with terms of contracts negotiated by January, 2020 and contracts signed well in advance of the 10/1/20 deadline.
16. Director's Report: Dr. Williams provided an update on the organizational priorities. Meaningful Use (MU) implementation is going well and we are working on using Great Lakes Health Connect to access more healthcare information. Accessing outside healthcare information electronically is one of the requirements of MU. There hasn't been any change in the revisions to the assessment project, as we are still waiting on PCE. We are continuing to educate the community on our CCBHC services. Our SIMPLE program is going very well and consumers and staff are very excited about it. The CCBHC core team is continuing to implement the workflows and processes of all the CCBHC services and keep the work going. We are also continuing to explore options for primary care expansion. We had a great meeting with North West Michigan Health Services (NWMHS) and they are excited about the potential of doing some co-location with us in Mason County. We are going jointly to visit the integrated healthcare clinic at HealthWest in Muskegon to see how they run their clinic. Once the group has done that visit, it will make a final decision on whether WMCMH will be expanding primary care on site or doing something else to expand access to primary care for people we serve.

Dr. Williams reported that the Walk A Mile Rally was a success. Kevin Fisher spoke and we had four consumers who shared their recovery stories at the event. We had about 100 staff and consumers who participated. Thank you to Ron Bacon for volunteering at the event. There is some interest from consumers in developing a local chapter of NAMI.

Dr. Williams reported that she will not be present at the July board meeting so Ms. Condit will be assisting Mr. Prince for that meeting.

17. Upcoming Committee Meetings:
 - LRE Board Meeting – Thursday, June 20th at 1:00 at Network180
 - Executive Committee – July 9th at noon in Ludington
18. WMCMH Board Member Comments, Questions, Clarifications and Critique of Meeting: There was none.
19. Delegations, Communications and Expressions from the Community: There were none.

20. Executive Session: There was none.

21. Adjournment: Mr. Bacon made the motion, seconded by Mrs. Bettin, that the West Michigan Community Mental Health Board of Directors adjourn its meeting. The meeting adjourned at 6:36 p.m.

Kimberly Goodrich
Recording Secretary

James Prince
Chairperson