

WEST MICHIGAN COMMUNITY MENTAL HEALTH

BOARD OF DIRECTORS MEETING MINUTES

March 19, 2019

1. Call to Order: The West Michigan Community Mental Health Board of Directors met for its regular meeting in the Boardroom at the H.E. Madden Center, located in Ludington, at 5:30 p.m. on Tuesday, March 19, 2019. Chairperson Jim Prince presided.
2. Roll Call: The following members were present: Ron Bacon, Dr. Jennifer Branning, Todd Dancz, Jane Hedberg, Dawn Martin, Jim Prince, Ron Sanders, Kay Seng, Barb Stenger, and Larry VanSickle. Absent: Pat Bettin and Andy Sebolt, both excused. A quorum was present. CMH staff members present were: Lisa Williams, Michele Condit, Faith Nekola, Bethany Sherfinski, Wendy Taylor, and Kimberly Goodrich.
3. Introductions: Dr. Williams introduced several members of our finance team; Jane Shelton and Lesa Lloyd, along with Derek Miller, auditor from Roslund, Prestage and Company.
4. Delegations, Communications and Expressions from the Community: There were none.
5. Approval of Agenda: Mr. Bacon made the motion, seconded by Dr. Branning, that the West Michigan Community Mental Health Board of Directors approve the agenda as presented. The motion carried.
6. Conflict of Interest Question: Mr. Prince asked if any board member wished to declare a conflict of interest regarding any matter to be considered by the West Michigan Community Mental Health governing body. No such declarations were made.
7. Consent Agenda: Mr. VanSickle made the motion, seconded by Mrs. Seng, to approve the item on the consent agenda:
 - a) Minutes from the 2/19/19 WMCMH Board of Directors Meeting. The motion carried.
8. Introduction of New Employee Wendy Taylor: Dr. Williams introduced Wendy Taylor, WMCMH's new Assertive Community Treatment (ACT) Supervisor. Ms. Taylor provided a little bit of background information on herself, noting that she returned to Michigan after living in Florida for many years.
9. Financial Audit Report for FY ending 9/30/18: Mr. Derek Miller presented the results of the FY financial audit and reviewed the highlights. There are no material findings. Mr. Prince gave thanks again to our financial team for doing great work to meet all the financial requirements and obligations. Mr. Miller reiterated that WMCMH has one of the strongest finance teams across the state.
10. Executive Committee Meeting Report: Mr. Prince stated that the report is attached for review and items will be covered under other agenda items.

11. Finance Committee Recommendation: Mr. Sanders reviewed a recommendation to approve one specialized residential contract over \$20,000. Mr. Sanders made the motion, seconded by Mr. VanSickle, to approve the contract over \$20,000 as presented. The motion carried.
12. Behavioral Health Services Report: Mrs. Nekola presented information on Medication Assisted Treatment (MAT). This is an area that the agency was able to expand and offer this service locally due to CCBHC. Previously, if we had individuals we were serving requiring MAT services, they had to travel to Muskegon or Grand Rapids. We've had WMCMH staff trained to begin administering Vivitrol (a monthly injection for both alcohol and opioid withdrawal) at our sites. We were hoping to start MAT on site in April, but due to a few items to work out still, we are now planning for May. We also have a contract with Salvation Army Turning Point to provide Suboxone treatment. This is another form of treatment for opioid addiction. It treats the individual by reducing the craving. Both individual and group therapy will be provided for consumers who participate in this program and they have to commit to attend.

Mrs. Nekola presented two new policy statements for review. The first policy is regarding MAT services, explained above, and the other is for Primary Care Assessment and Screening. As part of CCBHC expansion, we will be offering Primary Care Assessment and Screenings to individuals who do not have a primary care physician and to those who have conditions that resulted from taking psychotropic medications. Mr. VanSickle made the motion, seconded by Mr. Bacon, to approve the policy statements as presented. The motion carried.

13. Administrative/Operations Report: Ms. Sherfinski reviewed the financial services report through the period ending January 31, 2019, four months of the fiscal year. Inpatient is trending up, but we are about where we were at this time last year.

Ms. Sherfinski reviewed a summary of the final financials of the LRE from FY 2018, with an almost \$16,000,000 deficit. There is a shortfall that the LRE does not have funds to cover in their risk strategy, and she is not sure what their plan is yet to cover that shortfall. Dr. Williams shared that the LRE SUD Advisory Board determined that the PA2 funds (liquor tax) could be used to offset some of the SUD deficit. The CEOs are strongly opposed to the LRE using the PA2 funds to offset the Medicaid deficit; they are prevention dollars designated for spending in the counties it originates from.

Ms. Sherfinski also provided a summary for WM's year end by funding buckets. Healthy Michigan is underfunded, which put us in a position of overspending. We had a surplus in traditional Medicaid, so the two Medicaid buckets offset each other and we ended up in the black.

14. Service Enhancement Report: Ms. Condit reviewed that the CCBHC communication plan as it pertains to our staff and community outreach and attached a press release for the local newspapers. We are in the process of coordinating a meet and greet with our local physicians to come meet our healthcare staff and walk through our new healthcare clinic. Ms. Condit reported that the LRE/Beacon will be on site for our annual PIHP site visit; our first with Beacon staff. The preparation is similar to what we've done in the past. She will be able to provide a preliminary report of any findings next month.

15. Lakeshore Regional Entity Update: Dr. Williams reviewed a new requirement that is related to some managed care rules within the PIHP contract. It was determined today that the LRE has to re-issue the amendment to revise and clarify sub-recipient language. Dr. Williams is requesting board authorization to sign the revised amendment when it is received. Mr. Sanders made the motion, seconded by Mr. Bacon, to authorize Dr. Williams to sign the revised Amendment #1 to the FY 2019 Medicaid Managed Specialty Supports and Services Concurrent 1915 (b)/(c) Waiver Program Demonstration Subcontract Agreement when it is received. The motion carried.

Dr. Williams reported that Greg Hoffman has been appointed the official CEO for the region effective immediately. He had been acting as the interim CEO for the past four or five months. We continue to meet with Beacon and tomorrow there is a meeting with the Medical Director for Beacon.

16. 298 Pilot Update: Dr. Williams reported that we received our first estimated mock rates that the State and Milliman have drafted for the pilot and we have some concerns. We are working with the Board Association on a strategy to address those concerns. Several members of the State's Leadership Team that have been working on 298 are leaving to either go to another department at MDHHS or to other jobs. This is not unusual after a change in Governor, but it's problematic in the midst of an initiative like 298 because of the cumulative history of decisions that have been made along the way. There was a meeting today and we achieved some clarity and movement in utilization management. The 298 Pilot CMHs reiterated our position this week regarding the management of the unenrolled MCD population to the new Director at MDHHS.
17. Director's Report: Dr. Williams provided an update on the organizational priorities. Staff also shared some CCBHC highlights since we first started:
- a) MAT services available in our counties.
 - b) Primary care assessment and screening is growing. It's exciting to know that we can offer this and begin to integrate physical and behavioral health.
 - c) SIMPLE – intervention for weight loss, we've had good feedback from consumers participating in those groups.
 - d) NOMS data collection seems to be going well with consumers.
 - e) Getting more and more procedures and coding figured out on the finance end.
 - f) Working on getting credit card machines in the offices.
 - g) We hired a Veteran's Navigator last week. He is an Army veteran who is in the reserves right now. He will be reaching out to the Veteran's Services Department in each of our counties.
18. Upcoming Committee Meetings:
- LRE Board Meeting – Thursday, March 21st at 1:00 at Network180
 - Executive Committee – Tuesday, April 2nd at noon in Ludington
 - Governance Committee – Tuesday, April 2nd at 1:00 in Ludington
19. WMCMH Board Member Comments, Questions, Clarifications and Critique of Meeting: Mr. Prince stated that this is the final meeting for Jane Hedberg and Ron Sanders. Ms. Hedberg is retiring from the board after 16 years of service. Mr. Sanders, after 28 years on the board, did not get reappointed by the Mason County Commission. Mr. Prince expressed his appreciation and gratitude for the years that they have spent on the board and expressed how much they will be missed.

20. Delegations, Communications and Expressions from the Community: There were none.
21. Executive Session: There was none.
22. Adjournment: Mr. Bacon made the motion, seconded by Mr. Dancz, that the West Michigan Community Mental Health Board of Directors adjourn its meeting. The meeting adjourned at 6:58 p.m.

Kimberly Goodrich
Recording Secretary

James Prince
Chairperson