

## WEST MICHIGAN COMMUNITY MENTAL HEALTH

### BOARD OF DIRECTORS MEETING MINUTES

September 18, 2018

1. Call to Order: The West Michigan Community Mental Health Board of Directors met for its regular meeting in the Boardroom at the Counseling and Evaluation Center, located in Hart, at 5:30 p.m. on Tuesday, September 18, 2018. Chairperson Jim Prince presided.
2. Roll Call: The following members were present: Ron Bacon, Pat Bettin, Dr. Jennifer Branning, Todd Dancz, Jim Prince, Ron Sanders, Andy Sebolt, Barb Stenger, and Larry VanSickle. Absent: Jane Hedberg and Kate Maddox. A quorum was present. CMH staff members present were: Lisa Williams, Michele Condit, Faith Nekola, Bethany Sherfinski, Ellen Plummer, and Kimberly Goodrich.
3. Introductions: Dr. Williams introduced Ellen Plummer, Team Leader for Family and Children's Services. She is presenting on Trauma Informed Care tonight.
4. Delegations, Communications and Expressions from the Community: There were none.
5. Approval of Agenda: Mrs. Bettin made the motion, seconded by Mr. Sebolt, that the West Michigan Community Mental Health Board of Directors approve the agenda as amended. The motion carried.
6. Conflict of Interest Question: Mr. Prince asked if any board member wished to declare a conflict of interest regarding any matter to be considered by the West Michigan Community Mental Health governing body. No such declarations were made.
7. Consent Agenda: Mr. Bacon made the motion, seconded by Mr. VanSickle, to approve the item on the consent agenda:
  - 7.1 Minutes from the 8/21/18 WMCMH Board of Directors Meeting. The motion carried.
8. Trauma Informed Care Presentation: Ms. Plummer explained the process of implementing trauma informed care within the organization; a dynamic process that doesn't happen overnight. It starts from the top down and spreads through the entire organization. One piece the workgroup did was an agency self-assessment to assess our readiness on being trauma informed. It included focus groups and an audit from an outside entity (MiFast Review). It showed that we do a lot of things very well, but there are things we could do better. Knowing that the majority of the people we come in contact with have experienced some sort of trauma is the first step to becoming trauma informed. We want to support these folks, as well as our staff that treat them. We are forming a standing committee with staff from across the agency and at some point we would like to have a board member be a part of that, as well as consumers. The dream is that we become a trauma informed community, including schools, law enforcements and DHS.

9. Executive Committee Meeting Report: Mr. Prince reported that the minutes are attached for review. There were no action items.
10. Finance Committee Meeting Report: Mr. Sanders reported that the Finance Committee met and reviewed a list of contracts over \$20,000. Ms. Sherfinski noted that we have worked with the majority of the providers before. Most of the bids were competitive negotiations. The PCE contract is part of our electronic health record and the maintenance and changes to that system. Mr. Sanders made the motion, seconded by Mrs. Seng, to approve the list of contracts over \$20,000 as presented. The motion carried.

Mr. Sanders reported that the Finance Committee reviewed and is recommending the proposed FY 2018/19 Budget. Ms. Sherfinski reported that we are using what our Medicaid revenue is for this year, which is what the LRE recommended we do, as that's the best information that we have at this time. The LRE is hiring an actuary to determine the funding methodology for the region, so ultimately it should be a good basis for the distribution of funds, but it is highly unknown at this time. At this point, we are projecting a budget deficit and will balance the budget with our available fund balance. Mr. Sanders made the motion, seconded by Mr. Bacon, to approve the FY 2018/2019 Budget as presented. The motion carried.

11. Behavioral Health Services Report: Mrs. Nekola shared some information on a seminar that we are co-sponsoring with Spectrum Hospital. It's a Suicide Awareness training for professionals, families, educators, law enforcement, etc. It's an opportunity that we are excited about bringing to the community at no cost. Suicide has become an increasing concern, particularly for youth, so it's important to educate, provide awareness and let folks know where they can get help. Board members were invited to attend if able.
12. Administrative/Operations Report: Ms. Sherfinski reviewed the financial services report through the period ending July 31, 2018, 10 months of the fiscal year. She noted that it reflects the budget amendment that the board approved last month. We are still in the negative but we anticipate that with the additional supplemental funding we should get, and where we are with our expenses, that we should break even this year.
13. Service Enhancement Report: Ms. Condit reported that we have three facilities in Lake County; our main office that we provide services in, the Autism Center, and a residential home (Beech Street Home). All had some damage and lost electricity due to the storm that went through a couple weeks ago. We were able to get the immediate damage repaired so that folks could go back to work. The Beech Street Home had to be evacuated for five nights due to a tree that fell on the garage. We also had one vehicle damaged that was sitting in the main office parking lot. Our staff did an amazing job; clinical staff were out checking on all our consumers to ensure their needs were being met.

Ms. Condit stated that we provided a Latino culture training for our staff with funding from a grant we received. We've heard very good feedback from that training. There is a community event tomorrow night at the Ludington Art Center regarding mental health and its effects on families. Dr. Williams is the keynote speaker at that it will feature scenes from an upcoming movie that was partially shot in Ludington entitled "*Coming Up for Air*." Everyone is invited to attend.

14. Lakeshore Regional Entity Update: Dr. Williams provided an update on the recent regional activities. The negotiations with Beacon Health Options, selected to be the managed care organization to support the LRE in implementing managed care functions and help us as a region to align services and practices and manage budget, continues. We achieved agreement on the functions that Beacon would perform on behalf of the region, the functions the LRE would continue to perform, and what the CMHSPs would continue to perform. We are stuck on the cost of the functions however. We are working on negotiating down Beacon's price as they are not doing all the functions they included in their bid. We proposed that Beacon look at what they said they would do and back out the staff that they don't need, likewise the LRE and CMHSPs will do the same.

Dr. Williams reported that Jeff Labun has left the LRE to be the CFO at Newaygo CMH and after some discussions, the LRE had a special board meeting last Friday and named Greg Hofman as the Interim CEO for the LRE. There is a plan in place for the recruitment of a permanent CEO of the region. Two of the CMH members who had large deficits are showing some decrease in their deficits this month. Allegan, Ottawa and HW are still trending to be budget neutral.

15. 298 Pilot Update: Dr. Williams reported that workgroups (public policy, finance, reporting, technology, case management, utilization management) have been formed to work on different areas of the managed care functions of the pilot. A charter is developed for each workgroup that is approved by all parties. There is a significant portion of the Medicaid population that isn't enrolled in a health plan (unenrolled) and the State has decided to put the unenrolled population under an existing PIHP through a bid process. Dr. Williams is very disappointed with this option for a variety of reasons. There will be some legislative advocacy around this.
16. Director's Report: Dr. Williams reported that we are one of four entities in Michigan that was awarded the CCBHC grant. HealthWest, Kalamazoo CMH and Easter Seals were the other three. The grant is for \$2 million a year for two years. A lot of the things that we started before a tight budget will now be able to be implemented. It will round out the service array beyond Medicaid. We have to have this up and running by the end of December. It will be a tremendous amount of work. We just got word today that there will be a formal press conference held on Thursday morning with Senator Stabenow to announce the Michigan CCBHC Sites.

Dr. Williams reviewed the updated organizational priorities list. Trauma informed care will move off the list and the standing committee will be leading the implementation. CCBHC will be added to the list.

Dr. Williams stated that the Fall Board Conference is October 22<sup>nd</sup> and 23<sup>rd</sup> in Traverse City if any board member has an interest in attending. Mr. Bacon is attending and Mrs. Seng indicated that she would like to attend.

17. Upcoming Committee Meetings:

- LRE Board Meeting – Thursday, September 20<sup>th</sup> at 1:00 at Network180
- Executive Committee – Tuesday, October 9<sup>th</sup> at noon in Ludington

18. WCMCH Board Member Comments, Questions, Clarifications and Critique of Meeting:  
There were none.
19. Delegations, Communications and Expressions from the Community: There were none.
20. Executive Session: There was none.
21. Adjournment: Mrs. Seng made the motion, seconded by Mr. Bacon, that the West Michigan Community Mental Health Board of Directors adjourn its meeting. The meeting adjourned at 6:35 p.m.

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Kimberly Goodrich  
Recording Secretary

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James Prince  
Chairperson